

Journal Of A Solitude The Journals Of May Sarton

Bestselling author "May Sarton has never been better than she is in this beautiful, harrowing novel about being old, unwanted, yet refusing to give up" (The Boston Globe). After seventy-six-year-old Caro Spencer suffers a heart attack, her family sends her to a private retirement home to wait out the rest of her days. Her memory growing fuzzy, Caro decides to keep a journal to document the daily goings-on—her feelings of confinement and boredom; her distrust of the home's owner, Harriet Hatfield, and her daughter, Rose; her pity for the more incapacitated residents; her resentment of her brother, John, for leaving her alone. The journal entries describe not only her frustrations, but also small moments of beauty—found in a welcome visit from her minister, or in watching a bird in the garden. But as she writes, Caro grows increasingly sensitive to the casual atrocities of retirement-home life. Even as she acknowledges her mind is beginning to fail, she is determined to fight back against the injustices foisted upon the home's occupants. This ebook features an extended biography of May Sarton.

"What does it mean to be lonely?" Dumm asks. His inquiry, documented in this book, takes us beyond social circumstances and into the deeper forces that shape our very existence as modern individuals. The modern individual, Dumm suggests, is fundamentally a lonely self. This book challenges us, not to overcome our loneliness, but to learn how to re-inhabit it in a better way.

Being Alone, whether by circumstance or choice, is not tragic. What is tragic, and so wasteful of the preciousness of life, is that too many of us think we are nothing alone. We seek our happiness and fulfillment, our answers, our very identity in others when we first must find it in ourselves - something we can only do alone. Celebrating Time Alone affirms that it's all right to be alone, to want to be alone, even to be lonely at times because the rewards of solitude can make the deprivations so worthwhile. In the fall of 1996, Lionel Fisher embarked on a cross-country journey in search of men and women who have stretched the envelope of their aloneness to Waldenesque proportions, achieving great emotional clarity in the process. He also spoke with their urban counterparts who, through necessity or choice, prefer to savor their individuality in smaller servings. In a writing style that is at once eloquent and down to earth, the author interweaves their real-life stories with his own insights and experiences to offer counsel, inspiration, and affirmation on living well alone.

Get Free Journal Of A Solitude The Journals Of May Sarton

Having embraced a life of solitude in his own hermitage, Thomas Merton finds his faith tested beyond his imagination when a visit to the hospital leads to a clandestine affair of the heart. Jolted out of his comfortable routine, Merton is forced to reassess his need for love and his commitment to celibacy and the monastic vocation. This astonishing volume traces Merton's struggle to reconcile his unexpected love with his sacred vows while continuing to grapple with the burning social issues of the day—including racial conflicts, the war in Vietnam, and the Arab-Israeli conflict—visiting and corresponding with high-profile friends like Thich Nhat Hanh and Joan Baez, and further developing his writing career. Revealing Merton to be 'very human' in his chronicles of the ecstasy and torment of being in love, *Learning to Love* comes full circle as Merton recommits himself completely and more deeply to his vocation even as he recognizes 'my need for love, my loneliness, my inner division, the struggle in which solitude is at once a problem and a 'solution'. And perhaps not a perfect solution either' (11 May, 1967).

"In the Solitude of My Soul"

The End of Solitude

Growing, Drying, Preserving

Journal of a Solitude

In Pursuit of a Singular Life in a Crowded World

As We Are Now

Sarton's most important novel tells the story of a poet in her seventies, whose life is retold episodically during an interview with two writers from a literary magazine Hilary Stevens's prolific career includes a provocative novel that shot her into the public consciousness years ago, and an oeuvre of poetry that more recently has consigned her to near-obscurity. Now in the twilight of her life, Hilary, who is both a feminist and a lesbian, is receiving renewed attention for an upcoming collection of poems, one that has brought two young reporters to her Cape Cod home. As Hilary prepares for the conversation, she recalls formative moments both large and small. She then embarks on the interview itself—a witty and intelligent discussion of her life, work, and romantic relationships with men and women. After the journalists have left, Hilary helps a visiting male friend with his anxiety over being gay and imparts wisdom about channeling his own creative passions. This ebook features an extended biography of May Sarton. Ernest Gellner's final book, first published in 1998, is a synoptic interpretation of the thought of Wittgenstein and Malinowski. Winner of the American Book Award: May Sarton's honest and engrossing journal of her seventieth year, spent living and working on the Maine coast. May Sarton's journals are a captivating look at a rich artistic life. In this, her ode to aging, she savors the daily pleasures of tending to her garden, caring for her dogs, and entertaining guests at her beloved Maine home by the sea. Her reminiscences are raw, and her observations are infused with the poetic candor for which Sarton—over the course of her decades-

long career—became known. An enlightening glimpse into a time—the early 1980s—and an age, *At Seventy* is at once specific and universal, providing a unique window into septuagenarian life that readers of all generations will enjoy. At times mournful and at others hopeful, this is a beautiful memoir of the year in which Sarton, looking back on it all, could proclaim, “I am more myself than I have ever been.”

“Elegant and formally ingenious.”--Geoff Wisner, *Wall Street Journal*In a time of social distancing and isolation, a meditation on the beauty of solitude from renowned Buddhist writer Stephen Batchelor When world renowned Buddhist writer Stephen Batchelor turned sixty, he took a sabbatical from his teaching and turned his attention to solitude, a practice integral to the meditative traditions he has long studied and taught. He aimed to venture more deeply into solitude, discovering its full extent and depth. This beautiful literary collage documents his multifaceted explorations. Spending time in remote places, appreciating and making art, practicing meditation and participating in retreats, drinking peyote and ayahuasca, and training himself to keep an open, questioning mind have all contributed to Batchelor's ability to be simultaneously alone and at ease. Mixed in with his personal narrative are inspiring stories from solitude's devoted practitioners, from the Buddha to Montaigne, from Vermeer to Agnes Martin. In a hyperconnected world that is at the same time plagued by social isolation, this book shows how to enjoy the inescapable solitude that is at the heart of human life.

A Return to the Self

Piranesi

Stories of Splendid Solitude: Easyread Large Edition

Loneliness as a Way of Life

Person-centred Health Care

A Journal

A guide to growing, drying, and preserving flowers discusses the home drying and preserving processes, suggests how to use and arrange dried flowers, and offers tips on the general cultivation of plants

A landmark study of the nature of solitude examines its crucial role in creativity, mourning, religious experience, and other aspects of human life; discusses enforced solitude; and argues that solitude can foster positive behavior. Reprint. 10,000 first printing.

A passionate, probing gathering of over twenty-five years of groundbreaking thought on culture and technology and its effect on the human spirit, by one of our most respected critics and essayists—former Yale English professor and National Book Critics Circle award – winner William Deresiewicz What is the Internet doing to us? What is college for? What are the myths and metaphors we live by? What is the purpose of art, and what can we learn from the past? These are the questions that William Deresiewicz has been pursuing

over the course of his award-winning career. In “ The Disadvantages of an Elite Education, ” his viral piece from 2008, he sounded the alarm about the Ivy League admissions frenzy and the kind of student it produces. In “ Solitude and Leadership, ” his 2009 address at West Point—a piece that went on to be taught throughout the military and corporate worlds—he issued an early warning about the threats from social media to our inner lives. In “ On Political Correctness, ” from 2017, he dissected the culture of ideological intolerance that has spread, since then, from campus to society at large. The End of Solitude brings together these and more than forty other essays from such publications as Harper ’ s and the Atlantic and introduces four that are published here for the first time. Ranging widely across the culture, they take up subjects as diverse as Avatar and Mad Men, Merce Cunningham and Harold Bloom, the meaning of the hipster and the belief that food is art, the nature of religion and the possibility of friendship between the sexes. Drawing on the past, they ask how we got where we are. Scrutinizing the present, they seek to understand how we can live more mindfully, more meaningfully, more freely. Behind their questions lies a fundamental one: What does it mean to be an individual, and how can we sustain our individuality in an age of networks and groups?

How to be alone and absolutely own it, by founder of the Alonement blog and podcast, Francesca Specter.

_____ *A Times Book of the Year* 'A hugely generous and thoughtful book' - ALAIN DE BOTTON
'A kind, wise celebration of solo living' - DAISY BUCHANAN 'Thoughtful and thought provoking, it made me genuinely excited about spending time in my own company' - FELICITY CLOAKE _____ Being alone has a serious branding issue. We've only ever had negative language to talk about flying solo - but what about when time spent alone is restorative and joyful? What if it's something you crave? What if it's even just an hour you've carved out for yourself in the middle of a hectic week? Enter: Alonement, Francesca Specter's empowering new word to express valuing your own company and dedicating quality time to yourself, whoever you are and whatever your relationship status. Between shared homes, social plans and smartphone addictions, most of us don't know how to be alone - yet our life-long relationship with ourselves is the most important one we'll ever have. A reformed 'extreme extrovert' who struggled to spend even an hour on her own, Francesca made the resolution in January 2019 to improve her solitude skills. A year later, facing months of lockdown as a household-of-one, she valued those skills more than ever - and began sharing her wisdom with others on how to cherish time alone. Packed with practical tips, insights from key experts and lessons from guests of the Alonement podcast - including Alain de Botton, Florence Given, Konnie Huq, Vick Hope and Camilla Thurlow - Francesca reveals how we can all thrive alone, whatever our

circumstances, and harness the untapped power of some meaningful time with me, myself and I.

The Journals of May Sarton Volume One

On Solitude, Conscience, Love and Our Inner and Outer Lives

A History of Solitude

The Language of Solitude

Into the Wild

The House by the Sea

An account, in diary form, of the last year of the author's life. Suggested level: intermediate, secondary.

Winner of the 2010 Sigourney Award! Psychoanalysts would argue that at the root of anxiety about loneliness, which commonly brings people into analysis, lies anxiety about separation, unresolved since childhood. When re-experienced in analysis, the painful awareness of solitude - the sense of being a separate person - can become a rich source of personal creativity. In *The Taming of Solitude*, Jean-Michel Quinodoz brings together the views of Freud, Klein, Hanna Segal, W.R.D. Fairbairn, D.W. Winnicott, Anna Freud, Margaret Mahler, Heinz Kohut, John Bowlby and others, presenting a comprehensive approach to the experience of loneliness, a universal phenomenon which can be observed in everyday life and in any therapeutic situation. Written with clarity and insight, *The Taming of Solitude* will be of great interest to all psychoanalysts and therapists.

‘An elegant, thoughtful book . . . beautifully expresses the importance and experience of liberation from the battery-hen life of constant connection and crowds.’ Daily Mail ‘A compelling study of the subtle ways in which modern life and technologies have transformed our behaviour and sense of self.’ Times Literary Supplement In a world of social media and smartphones, true solitude has become increasingly hard to find. In this timely and important book, award-winning writer Michael Harris reveals why our hyper-connected society makes time alone more crucial than ever. He delves into the latest neuroscience to examine the way innovations like Google Maps and Facebook are eroding our ability to be by ourselves. He tells the stories of the remarkable people – from pioneering computer scientists to great nineteenth-century novelists – who managed to find solitude in the most unexpected of places. And he explores how solitude can bring clarity and creativity to each of our inner lives. Urgent, eloquent and beautifully argued, *Solitude* might just change the way you think about being alone. ‘Speaks to a long-overdue conversation we still haven’t properly had in our society.’ Vice ‘A timely, elegant provocation to daydream and wander.’ Nathan Filer, author of *The Shock of the Fall* ‘The leading thinker about technology’s corrupting influence on our collective psyche.’ Newsweek ‘A poetic, contemplative journey into the benefits of solo sojourning.’ Elle

Person-centred health care is increasingly endorsed as a key element of high-quality care, yet, in practice, it often means patient-centred health care. This book scrutinizes the principle of primacy of patient welfare, which, although deeply embedded in health professionalism, is long overdue for critical analysis and debate. It appears incontestable because patients have greater immediate

health needs than clinicians and the patient-clinician encounter is often recognized as a moral enterprise as well as a service contract. However, Buetow argues that the implication that clinician welfare is secondary can harm clinicians, patients and health system performance. Revaluing participants in health care as moral equals, this book advocates an ethic of virtue to respect the clinician as a whole person whose self-care and care from patients can benefit both parties, because their moral interests intertwine and warrant equal consideration. It then considers how to move from values including moral equality in health care to practice for people in their particular situations. Developing a genuinely inclusive concept of person-centred care – accepting clinicians as moral equals – it also facilitates the coalescence of patient-centred care and evidence-based health care. This reflective and provocative work develops a constructive alternative to the taken-for-granted principle of primacy of patient welfare. It is of interest to students and academics in the health and caring sciences, philosophy, ethics, medical humanities and health management.

Seeking Wisdom in Extremes: A Year Alone in the Patagonia Wilderness

Language and Solitude

True Nature

Flowers

A Solitude of Wolverines

Four seasons, four cities and the pleasures of solitude

My vision for "Sacred Solitude: Christian Reflection Journal" is to nourish every reader with inspiration, hope, faith, and love; regardless of their circumstances. "Sacred Solitude: Christian Reflection Journal" contains poetic and inspirational quote reflections for all occasions, with invitation and space for personal reflection and the growing of awareness and inspiration. It is my hope that readers will feel encouraged to nourish higher consciousness and inspiration in their lives! www.bozenazawisz.com Bozena is a Multi Award-Winning Author/Counseling Psychologist, empowering/coaching/mentoring women who want to reclaim control of their mindset, self-worth, and inner experience; within Christian values. A warm invitation to subscribe to www.bozenazawisz.com and become a part of the author's consciousness-expanding online community. Keywords: Christian women devotional, Christian women journal, Christian women reflection journal.

An affecting diary of one year's hardships and healing, by one of the twentieth century's most extraordinary memoirists For decades, readers have celebrated May Sarton's journals for their candid look at relationships, success and failure, communion with nature, and the curious stages of aging. In *Recovering*, Sarton focuses on her sixty-sixth year—one marked by the turmoil of a mastectomy, the end of a treasured relationship, and the loneliness that visits a life of chosen solitude. Each deeply felt entry in the journal, written between 1978 and 1979, is laced with poignancy and honesty as she grapples with a cold reception for her latest novel, the sad descent of a close friend into senility, and other struggles. Despite the trials of this one painful year, Sarton writes of her progression toward a hard-won renewal, achieved through good friendships, the levity provided by her cherished dog, and peaceful days in her

garden. A candid account of Sarton's revival from personal darkness back into light, *Recovering* is another stunning entry in the author's irrepressible oeuvre.

The new novel from Yiyun Li, author of *The Vagrants* and the Guardian First Book Award-winning *A Thousand Years of Good Prayers*.

Solitude has always had an ambivalent status: the capacity to enjoy being alone can make sociability bearable, but those predisposed to solitude are often viewed with suspicion or pity. Drawing on a wide array of literary and historical sources, David Vincent explores how people have conducted themselves in the absence of company over the last three centuries. He argues that the ambivalent nature of solitude became a prominent concern in the modern era. For intellectuals in the romantic age, solitude gave respite to citizens living in ever more complex modern societies. But while the search for solitude was seen as a symptom of modern life, it was also viewed as a dangerous pathology: a perceived renunciation of the world, which could lead to psychological disorder and anti-social behaviour. Vincent explores the successive attempts of religious authorities and political institutions to manage solitude, taking readers from the monastery to the prisoner's cell, and explains how western society's increasing secularism, urbanization and prosperity led to the development of new solitary pastimes at the same time as it made traditional forms of solitary communion, with God and with a pristine nature, impossible. At the dawn of the digital age, solitude has taken on new meanings, as physical isolation and intense sociability have become possible as never before. With the advent of a so-called loneliness epidemic, a proper historical understanding of the natural human desire to disengage from the world is more important than ever. The first full-length account of its subject, *A History of Solitude* will appeal to a wide general readership.

Solitude

An Illustrated Journal of Four Seasons in Solitude

Cactus

Kinder Than Solitude

Mrs. Stevens Hears the Mermaids Singing

Alonement

*This translation first published in 2016 by Polygon under the title *Dragon games*.*

Originally published to glowing reviews and literary prizes in France in 1985, this revealing diary not only recounts the moving and tragic relationship of its author, Geneviève Bréton, with the rising young nineteenth-century artist Henri Regnault, it also serves as a valuable historical document concerning the social, cultural, and political life of the French Second Empire. The young Geneviève Bréton began her journal in 1867 as a consolation for the death of her eldest brother, Antoine. She met Regnault soon after on a trip to Rome. Throughout the next four years of their

relationship, Bréton eloquently describes the personal, cultural, and political turbulence that affected her life. Writing against the backdrop of France's fateful conflict with Prussia and the hardships and dangers of the siege of Paris and the Commune, Bréton, with innate candor and lyricism, creates a text that beautifully illuminates French art, literature, family life, society, and politics of the time. Her poignant account of her love for and engagement to Regnault reveals special insight into the life and mind of an extraordinary, though little known, literary talent. At Regnault's death in 1871 during the Franco-Prussian War, the expression of her anguish is as much testimony to the political and cultural disorder of the time as it is to her own personal tragedy. Following Bréton's own instructions that she left before her death in 1918, this English version of the diary reincorporates material that was deleted from the French edition. Graced by rare photographs of the Bréton family as well as Regnault's paintings, the book contains a touching foreword by the author's granddaughter, Daphné Doublet-Vaudoyer. In its first English translation, it is a book for lovers of French life and culture, as well as students of French history; literature, and art. May Sarton's powerful and profound novel of an extraordinary life, and of one woman's efforts to preserve the force and vitality of her experiences on the pages of a book For the second time in my life—and I am now seventy—I am embarking on an effort which may well come to nothing but which has possessed my mind, haunts, and will not let me sleep. From her opening statement, Cam, the narrator of The Magnificent Spinster, declares her grand intentions: to write a novel—a worthy and important one in celebration of her recently deceased friend and teacher, Jane Reid, whose dearth of family threatens the memory of her almost tangible greatness. And so she writes, re-creating Jane's childhood, adolescence, and years as a teacher—including the one in which Cam was her student. She writes of Jane's irrepressible spirit and the charming letters Jane penned about her adventures, and she recounts Jane's growing isolation as she aged, which, rather than softening her, only made her shine brighter. Raw, warm, and beautifully rendered, The Magnificent Spinster is a stunning achievement—part memoir, part epistolary recollection, and part novel within a novel about friendship, memory, and the power of a brilliant soul. A personal journey that inadvertently became an alternative self-help guide to doing what you love and living as your true self - whoever that might turn out to be, 100 days of solitude is inspiring hundreds of people to seek out and claim the space they need to find themselves and live the life they want.

Journal of a Solitude, Plant Dreaming Deep, and Recovering

A Novel

Surfing Journals from Solitude

Recovering

Ascent to Glory

One Hundred Years of Solitude

Years after losing his lower right leg in a motorcycle crash, Robert Kull traveled to a remote island in Patagonia's coastal wilderness with equipment and supplies to live alone for a year. He sought to explore the effects of deep solitude on the body and mind and to find the spiritual answers he'd been seeking all his life. With only a cat and his thoughts as companions, he wrestled with inner storms while the wild forces of nature raged around him. The physical challenges were immense, but the struggles of mind and spirit pushed him even further. Solitude: Seeking Wisdom in Extremes is the diary of Kull's tumultuous year. Chronicling a life distilled to its essence, Solitude is also a philosophical meditation on the tensions between nature and technology, isolation and society. With humor and brutal honesty, Kull explores the pain and longing we typically avoid in our frantically busy lives as well as the peace and wonder that arise once we strip away our distractions. He describes the enormous Patagonia wilderness with poetic attention, transporting the reader directly into both his inner and outer experiences.

The author's tribute to the 18th-century New England farmhouse she called home: "[A] tender and often poignant book by a woman of many insights" (The New York Times Book Review). In Plant Dreaming Deep, Sarton shares an intensely personal account of transforming a house into a home. She begins with an introduction to the enchanting village of Nelson, where she first meets her house. Sarton finds she must "dream the house alive" inside herself before taking the major step of signing the deed. She paints the walls white in order to catch the light and searches for the precise shade of yellow for the kitchen floor. She discovers peace and beauty in solitude, whether she is toiling in the garden or writing at her desk. This is a loving, beautifully crafted memoir illuminated by themes of friendship, love, nature, and the struggles of the creative life. This ebook features an extended biography of May Sarton.

'Full of heart.' Michael Harris, author of Solitude Being alone isn't something to endure - it's something to relish. _____ The average adult spends about a third of his or her waking time alone. Yet research suggests we aren't very good at using, never mind enjoying, alone time. Rising to the challenge, travel writer Stephanie Rosenbloom explores the joys and benefits of being alone in four mouth-watering journeys to the cities of Paris, Istanbul, Florence and New York, in four seasons. This is a book about the pleasures and benefits of savouring the moment, examining things closely, using all your senses to take in your surroundings, whether travelling to faraway places or walking the streets of your own city. Through on-the-ground observations and anecdotes, and drawing on the thinking of artists, writers and innovators who have cherished solitude, Alone Time illuminates the psychological arguments for alone time and lays bare the magic of going solo.

Ron Haflidson places the theology of Augustine in conversation with contemporary authors, who warn of the dangers of abandoning solitude for constant (often technological) connection. Haflidson addresses an essential question that has previously

been neglected: What difference does it make to the practice of solitude if one believes that even in the absence of any human company, God is always intimately present? For Augustine, solitude is a moral necessity: he recommends that we regularly retreat from the crowd into the depths of our conscience, where we can dwell alone in the company of God, and enter into dialogue before and with God about who we are and how we love. Throughout this book, Hafliðson pairs close readings of Augustine with those of noted cartographers of our inner lives, literary greats including Jane Austen, George Eliot, Marilynne Robinson and George Saunders. This book explores what undiscovered possibilities may lie in solitude.

Plant Dreaming Deep

Exploring Solitude and Freedom

Christian Reflection Journal

How One Hundred Years of Solitude Was Written and Became a Global Classic

The Art of Solitude

A Novel of Suspense

In his notebooks, day after day, he makes a clear and careful record of its wonders: the labyrinth of halls, the thousand upon thousands of statues, the tides that thunder up staircases, the clouds that move in slow procession through the upper halls. On Tuesdays and Fridays Piranesi sees his friend, the Other. At other times he brings tributes of food to the Dead. But mostly, he is alone. Messages begin to appear, scratched out in chalk on the pavements. There is someone new in the House. But who are they and what do they want? Are they a friend or do they bring destruction and madness as the Other claims? Lost texts must be found; secrets must be uncovered. The world that Piranesi thought he knew is becoming strange and dangerous.

South Australia has a rich surfing history. In Australian surfing folklore Cactus is legendary. This hard-cover book documents the first 25 years of surfing at Cactus. It captures the feel of an era when a new generation of youth was riding a wave of change.

"Both a mystery and a survival story, here is a novel written with a naturalist's eye for detail and an unrelenting pace that reminded me of the best of Nevada Barr." —James Rollins, #1 New York Times bestselling author of The Last Odyssey
The first book in a thrilling series featuring an intrepid wildlife biologist who's dedicated to saving endangered species...and relies on her superior survival skills to thwart those who aim to stop her. While studying wolverines on a wildlife sanctuary in Montana, biologist Alex Carter is run off the road and threatened by locals determined to force her off the land. Undeterred in her mission to help save this threatened species, Alex tracks wolverines on foot and by camera positioned in remote regions of the preserve. But when she reviews the photos, she discovers disturbing images of

animal of a different kind: a severely injured man seemingly lost and wandering in the wilds. After searches for the unknown man come up empty, local law enforcement is strangely set on dismissing the case altogether, raising Alex's suspicions. Then another invasive predator trespasses onto the preserve. The hunter turns out to be another human, and the prey is the wildlife biologist herself. Alex realizes too late that she has seen too much—she's stumbled onto a far-reaching illegal operation and now has become the biggest threat. In this wild and dangerous landscape, Alex's life depends on staying one step ahead—using all she knows about the animal world and what it takes to win the brutal game for survival.

With an introduction by novelist David Vann In April 1992, Chris McCandless set off alone into the Alaskan wild. He had given his savings to charity, abandoned his car and his possessions, and burnt the money in his wallet, determined to live a life of independence. Just four months later, Chris was found dead. An SOS note was taped to his makeshift home, an abandoned bus. In piecing together the final travels of this extraordinary young man's life, Jon Krakauer writes about the heart of the wilderness, its terribly beauty and its relentless harshness. *Into the Wild* is a modern classic of travel writing and a riveting exploration of what drives some of us to risk more than we can afford to lose.

Separation Anxiety in Psychoanalysis

Sacred Solitude: With Poetry and Inspirational Quotes to Rejuvenate Faith, Hope, & Love

At Seventy

Wittgenstein, Malinowski and the Habsburg Dilemma

How to be alone and absolutely own it

The Diary of Geneviève Bréton, 1867-1871

Following the path of solitude I have experienced freedom and strength, but also encountering depression and loneliness along the way. I have tamed a beast called anxiety and climbed from a pit of guilt. This book is a conversation between the duality of solitude that can be both salvation and scourge, deliverance and death, and healing and harmful. It wields a mighty double edged sword. Photography is my first language. These pictures translate as my journey; the poems as my journal.

Now in one volume: Three exquisite meditations on nature, healing, and the pleasures of the solitary life from a New York Times–bestselling author. In a long life spent recording her personal observations, poet, novelist, and memoirist May Sarton redefined the journal as a literary form. This extraordinary volume collects three of her most beloved works. Journal of a Solitude: Sarton's bestselling memoir chronicles a solitary year spent at the house she bought and renovated in the quiet

village of Nelson, New Hampshire. Her revealing insights are a moving and profound reflection on creativity, oneness with nature, and the courage it takes to be alone. Plant Dreaming Deep: Sarton's intensely personal account of how she transformed a dilapidated eighteenth-century farmhouse into a home is a loving, beautifully crafted memoir illuminated by themes of friendship, love, nature, and the struggles of the creative life. Recovering: In this affecting diary of one year's hardships and healing, Sarton focuses on her sixty-sixth year, which was marked by the turmoil of a mastectomy, the end of a treasured relationship, and the loneliness that visits a life of chosen solitude. By turns uplifting, cathartic, and revelatory, Sarton's journals still strike a chord in the hearts of contemporary readers. Through them, in the words of the Los Angeles Times, "we are able to see our own experiences reflected in hers and we are enriched."

Gabriel García Márquez's novel One Hundred Years of Solitude seemed destined for obscurity upon its publication in 1967. The little-known author, small publisher, magical style, and setting in a remote Caribbean village were hardly the usual ingredients for success in the literary marketplace. Yet today it ranks among the best-selling books of all time. Translated into dozens of languages, it continues to enter the lives of new readers around the world. How did One Hundred Years of Solitude achieve this unlikely success? And what does its trajectory tell us about how a work of art becomes a classic? Ascent to Glory is a groundbreaking study of One Hundred Years of Solitude, from the moment García Márquez first had the idea for the novel to its global consecration. Using new documents from the author's archives, Álvaro Santana-Acuña shows how García Márquez wrote the novel, going beyond the many legends that surround it. He unveils the literary ideas and networks that made possible the book's creation and initial success. Santana-Acuña then follows this novel's path in more than seventy countries on five continents and explains how thousands of people and organizations have helped it to become a global classic. Shedding new light on the novel's imagination, production, and reception, Ascent to Glory is an eye-opening book for cultural sociologists and literary historians as well as for fans of García Márquez and One Hundred Years of Solitude.

In this colorful journal, writer-illustrator Barbara Bash has re-created her chronicles of meditation and contemplative wandering during a series of solitary country retreats. Combining beautifully hand-calligraphed journal notes with watercolor-and-pencil drawings, she captures exquisite moments of magic in the natural environment: a dragonfly's brief pause, a surprised deer in tall grass, a lumbering skunk's visit, the woods at twilight. Nature lovers, gardeners, and anyone who enjoys solitary country walks will recognize in Barbara a kindred spirit and will find hours of pleasure in these pages.

*Balancing the Welfare of Clinicians and Patients
Of Solitude
Alone Time*

My Year

Selected Essays on Culture and Society

The Taming of Solitude

The poet and author's "beautiful . . . wise and warm" journal of time spent in her New Hampshire home alone with her garden, her books, the seasons, and herself (Eugenia Thornton, Cleveland Plain Dealer). "Loneliness is the poverty of self; solitude is richness of self."

—May Sarton May Sarton's parrot chatters away as Sarton looks out the window at the rain and contemplates returning to her "real" life—not friends, not even love, but writing. In her bravest and most revealing memoir, Sarton casts her keenly observant eye on both the interior and exterior worlds. She shares insights about everyday life in the quiet New Hampshire village of Nelson, the desire for friends, and need for solitude—both an exhilarating and terrifying state. She likens writing to "cracking open the inner world again," which sometimes plunges her into depression. She confesses her fears, her disappointments, her unresolved angers. Sarton's garden is her great, abiding joy, sustaining her through seasons of psychic and emotional pain. Journal of a Solitude is a moving and profound meditation on creativity, oneness with nature, and the courage it takes to be alone. Both uplifting and cathartic, it sweeps us along on Sarton's pilgrimage inward. This ebook features an extended biography of May Sarton.

The author and poet's graceful elegy about life, love, work, and growing older: "The most moving and the most thoughtful [of her] journal-memoirs" (The Plain Dealer, Cleveland). When May Sarton uprooted her life after fifteen years in the refurbished New Hampshire house with the garden she tended so lovingly, she relied solely on instinct. And something told her it was time to move on. Accompanied by her wild cat, Bramble, and Tamas, a Shetland shepherd puppy—the first dog she ever owned—Sarton embarked on the next chapter of her life. The house she chose by the sea in the Maine village of York is completely isolated except during the summer months. Surrounded by nothing but endless ocean, woods, and vast skies, Sarton experiences a rare sense of peace. She creates a new garden and fears that in this tranquil state, she may never write again. But in her solitude—with its occasional interruptions for trips away and visits from friends—she realizes that creativity is constantly renewing itself. This journal offers fascinating insight into a remarkable woman and the work and friendships that form the twin pillars of her life. This ebook features an extended biography of May Sarton.

Translation of Journal of a Solitude

100 Days of Solitude

The Magnificent Spinster

Celebrating Time Alone

Learning To Love