

Scratch Sketch Extreme (Trace Along)

MEDITATIVE MANDALAS . . . NOW IN AN EXCITING NEW SCRATCH COLORING FORMAT! Here's a new way to enjoy a selection of the most beautiful mandalas from the bestselling Mandala Meditation Coloring Book! These exquisite meditative designs are now in scratch form, with multicolor backgrounds that spring to life when you scratch off the white lines. Use the included stylus to create these stunning one-of-a-kind pieces.

Döstädning, or the art of death cleaning, is a Swedish phenomenon by which the elderly and their families set their affairs in order. Whether it's sorting the family heirlooms from the junk, downsizing to a smaller place, or setting up a system to help you stop misplacing your keys, death cleaning gives us the chance to make the later years of our lives as comfortable and stress-free as possible. Whatever your age, Swedish death cleaning can be used to help you de-clutter your life, and take stock of what's important. Margareta Magnusson has death cleaned for herself and for many others. Radical and joyous, her guide is an invigorating, touching and surprising process that can help you or someone you love immeasurably, and offers the chance to celebrate and reflect on all the tiny joys that make up a long life along the way.

It's your birthday! Celebrate with this amazing art activity book! Use the wooden stylus included to design your invitation, decorate your cake, trace your wish list, and much more, uncovering magical colors beneath the blackcoated paper. Makes a great birthday party activity or favor!

Wire-o bound hardcover. 6-3/8" wide x 8-1/2" high (16.2 cm wide x 21.6 cm high),64 pages (20 scratch-off 20 illustrated, 20 sketch pages. Shrink-wrapped with a wooden stylus.White outlines on black scratch off pages create a fun way for younger children (ages 5 and up) to trace illustrations, revealing magnificent colors beneath. Welcome to the world of techno-friends, where youll find robots that can DJ, time travel, explore the sea floor, or tell jokes! Scratch away the white outlines to bring each amazing automaton to life in swirling colors or shiny foil. Have megabytes of fun drawing and designing your own robots!

Your Body

Super Scratch and Sketch

Scratch & Sketch Outer Space (Trace Along)

Scratch-off Nightscapes

Neon Scratch Art

Crime Scene Investigation

Explore the world of bubble letters as you transform words into doodles with this fun art activity book! Use the stylus included to trace along white outlines that form the shapes of each word or phrase -- like "wow" or "cool" -- that you'll find on each page.Then scratch off the black coating, adding your own designs to the bubble letters.You can draw furry letters that you turn into monsters, sugary letters for candy-writing, and more!There are 20 bubble letter style drawings in all to trace and create.Scratch book contains 10 black-coated gold or silver glitter pages and 10 black-coated colorful swirl pages.Includes 20 extra paper pages for your own artwork and bubble letter writing!Book comes with a wooden stylus for scratching away the black coating to reveal the shining glitter or brilliant colors beneath.6-3/8 inches wide by 8-1/2 inches high.

A fireman in charge of burning books meets a revolutionary school teacher who dares to read. Depicts a future world in which all printed reading material is burned.

Let your art sparkle and gleam! Use the stylus included to trace and embellish the artwork on each page to reveal the sparkly foil underneath. Twenty illustrations including stars, fantastic creatures, fireworks, and moreare waiting to shine in this all-glitter Scratch and Sketch. Wire-o bound hardcover] 6-3/8" wide x 8-1/2" high (16.2 cm wide x 21.6 cm high)] 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages)] Shrink-wrapped with a wooden stylus. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up) to trace illustrations, revealing magnificent colors beneath. Non-toxic. Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years.] Meets all applicable safety standards.

Presents twenty drawing and design projects, including hieroglyphics, tattoos, super-heroes, and African sculpture.

(Midnight Edition)

The Missing Manual

Scratch & Sketch Extreme Mandalas (Trace Along)

Scratch & Sketch Dot-To-Dot Animals (Trace-Along)

A Guide for Law Enforcement

Fahrenheit 451

Ever since its original publication in Germany in 1938, Max Schweidler's Die Instandsetzung von Kupferstichen, Zeichnungen, Buchern usw. has been recognized as a seminal modern text on the conservation and restoration of works on paper. This volume, based on the authoritative revised German edition of 1950, makes Schweidler's work available in English for the first time, in a meticulously edited and annotated scholarly edition.

An extensively illustrated appendix presents case studies of eleven Old Master prints that were treated using the techniques Schweidler discusses.

Girls' Empowerment Activity Book, 8-1/2" wide x 11" high (21.6 cm wide x 28 cm high) - Paperback - Bold lines printed on only one side of each page Ages 5 and up 64 reproducible pages Printed on both sides. Hours of girl empowering fun! Color by numbers, mazes, dot-to-dots, and more!

Scratch and sketch your way through the mysterious undersea world of sharks! Learn about great white sharks, blue sharks, thresher sharks, and more. Use the stylus included to scratch away the white outlines and uncover gold or silver glitter or colorful swirl pages as you trace and draw. This is a Trace-Along title! Young artists can simply follow the white lines with the wooden stylus to create colorful pictures. Book includes 20 shark illustrations with informative text. Includes 20 paper pages for extra doodles and drawings. Book comes with the wooden stylus for scratching away the black coating. Sturdy wire-o hardcover art activity book measures 6-3/8" wide x 8-1/2" high. Ages 5 and up. 64 pages. Non-toxic: Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years. Meets all applicable safety standards.

What, exactly, do you know about your body? Do you know how your immune system works? Or what your pancreas does? Or the myriad -- and often simple -- ways you can improve the way your body functions? This full-color, visually rich guide answers these questions and more. Matthew MacDonald, noted author of Your Brain: The Missing Manual, takes you on a fascinating tour of your body from the outside in, beginning with your skin and progressing to your vital organs. You'll look at the quirks, curiosities, and shortcomings we've all learned to live with, and pick up just enough biology to understand how your body works. You'll learn: That you shed skin more frequently than snakes do Why the number of fat cells you have rarely changes, no matter how much you diet or exercise -- they simply get bigger or smaller How you can measure and control fat

That your hair is made from the same stuff as horses' hooves That you use only a small amount of the oxygen you inhale Why blood pressure is a more important health measure than heart rate -- with four ways to lower dangerously high blood pressure Why our bodies crave foods that make us fat How to use heart rate to shape an optimal workout session -- one that's neither too easy nor too strenuous Why a tongue with just half a dozen taste buds can identify thousands of flavors Why bacteria in your gut outnumber cells in your body -- and what function they serve Why we age, and why we can't turn back the clock What happens to your body in the minutes after you die Rather than dumbed-down self-help or dense medical text, Your Body: The Missing Manual is entertaining and packed with information you can use. It's a book that may well change your life.

Reader comments for Your Brain: The Missing Manual, also by author Matthew MacDonald: "Popular books on the brain are often minefields of attractive but inaccurate information. This one manages to avoid most of the hype and easy faulty generalizations while providing easy to read and digest information about the brain. It has useful tricks without the breathless hype of many popular books."-- Elizabeth Zwicky, The Usenix Magazine "...a unique guide that should be sought after by any who want to maximize what they can accomplish with their mental abilities and resources."-- James A. Cox, The Midwest Book Review - Wisconsin Bookwatch "If you can't figure out how to use your brain after reading this guide, you may want to return your brain for another."-- The Sacramento Book Review, Volume 1, Issue 2, Page 19 "It's rare to find a book on any

technical subject that is as well written and readable as Your Brain: The Missing Manual. The book covers pretty much anything you may want to know about your brain, from what makes it up, through how it develops to how to mitigate the affects of aging. The book is easy reading, fact packed and highlighted notes and practical applications. So if you want to learn more about your brain, how it works, how to get the best out of it or just want to stave off the ravages of Alzheimers (see chapter ten for details of how learning helps maintain your brain) then I can't recommend this book highly enough."-- Neil Davis, Amazon.co.uk "MacDonald's writing style is perfect for this kind of guide. It remains educational without becoming overly technical or using unexplained jargon. And even though the book covers a broad scope of topics, MacDonald keeps it well organized and easy to follow. The book captures your attention with fun facts and interesting studies that any person could apply to their own understanding of human ability. It has great descriptions of the brain and its interconnected parts, as well as providing full color pictures and diagrams to offer a better explanation of what the author is talking about."-- Janica Unruh, Blogcritics Magazine

Wild Safari

Alcoholics Anonymous

Scratch & Sketch Trace-Along Robots: An Art Activity Book for Artistic Inventors of All Ages

Rewire Your Brain

An Art Activity Book for Imaginative Artists of All Ages

Happy Birthday! Scratch and Sketch Tracealong

Shopkins(TM) are the hottest new collectible toy! Each fun figurine looks like a miniature grocery store product. There are cute fruits, tasty treats, adorable beauty products, and more. With hundes of characters to collect, there's never a reason not to shop! This Scratch and Sketch book is perfect for any Shopkins(TM) fan. Kids can use the included stylus to scratch and sketch your way through New York City! Take in the city lights from the Empire State Building or the Top of the Rock, then explore the streets below, from the Brooklyn Bridge to the Bronx Zoo. Use the included stylus to uncover sparkly gold, silver, and rainbow colors as you trace and draw. The city awaits! Wire-o bound hardcover] 6-3/8" wide x 8-1/2" high (16.2 cm wide x 21.6 cm high)] 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages)] Shrink-wrapped with a wooden stylus. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up) to trace illustrations, revealing magnificent colors beneath. Non-toxic. Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years. Meets all applicable safety standards.

What creature mysteries lie within these black scratch-off pages? Use your excellent Scratch and Sketch abilities to discover each hidden picture! Connect the dots on each scratch-off page to uncover cool images of animals, from mice to a lion. Then, add patterns and doodles to create an art piece thats all your own! Learn fun travel facts and get creative as you discover and draw some of the world's coolest destinations! Use the wooden stylus included to scratch away the black coating and draw everything from the Great Pyramid to the Statue of Liberty. See rainbow swirls and glittery colors appear from beneath the black coating like magic! This is a Trace-Along title! Young artists can simply follow the white lines with the wooden stylus to create colorful pictures. Includes 20 paper pages for extra doodles and drawings. Book comes with wooden stylus for scratching away the black coating. Sturdy art activity book measures 6-3/8" wide x 8-1/2" high. Ages 5 and up. 64 pages. Non-toxic: Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years. Meets all applicable safety standards.

Scratch & Sketch Extreme (Trace Along)

Scratch & Sketch Sparkle

Scratch and Sketch Extreme Animals

Super Scratch Art Pads: Nature

The Story of How More Than One Hundred Men Have Recovered from Alcoholism

Adult Scratch Art Activity Book

Learn amazing facts about these wild animals as you copy simple sketches of 20 of the world's most exotic animals.

Splash and Sketch your way through the amazing "rainforest of the sea"! You won't need a snorkel, or anything other than the handy included stylus, to uncover the dazzling colors of coral reefs. As you create undersea artwork, discover the creatures of the reef, from rainbow parrotfish to toothy eels to mysterious cuttlefish. Learn how rays hunt, why clownfish live in anemones, and what happens in a coral reef at sunset. Dive on in!

The animals, patterns and mandalas designs have been carefully hand draw to challenge your brain. The gold foil theme has proven to create an interesting and tasking color play as painters attempt to outshine the gold. All drawings have been enmeshed in a midnight black background, just to ensure that your paintings truly standout. The coloring book is ideal for everyone in the family and you are guaranteed to be lost in it!

Considered by many to be mentally retarded, a brilliant, impatient fifth-grader with cerebral palsy discovers a technological device that will allow her to speak for the first time.

The Restoration of Engravings, Drawings, Books, and Other Works on Paper

Trace Along

Scratch & Sketch Travel

For Undersea Explorers of All Ages

An Art Activity Book

Scratch & Sketch Bubble Art: An Art Activity Book for Imaginative Bubble Artists of All Ages

Calling all fantasy artists! Create otherworldly scenes that glitter with color. Each two-page spread features an intricate fantasy scene to trace--from dragons to faeries, from mermaids to sorcerers, and beyond! The left-page image is for coloring with fine-tip markers or colored pencils; the right-page image on black is for Scratch and Sketching with the fine stylus included. Trace a magical world as sparkling foil and swirling colors emerge in your artwork like magic. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up)to trace illustrations, revealing magnificent colors or sparkly foil beneath. Wire-o bound hardcover - 6-3/8" wide x 8-1/2" high (16.2 cm wide x 21.6 cm high) - 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages) - Shrink-wrapped with a wooden stylus. Create shimmering works of art! Use the stylus included to scratch away the white outlines and uncover sparkly gold, silver, and rainbow colors as you trace and draw. This is a Trace-Along title! Young artists can simply follow the white lines with the wooden stylus to create colorful pictures. Get creative with 20 super design and drawing projects. Book also includes 2 stencil sheets with cool shapes to trace. Includes 20 paper pages for extra doodles and drawings. Book comes with the wooden stylus for scratching away the black coating. Sturdy wire-o hardcover art activity book measures 6-3/8" wide x 8-1/2" high. Ages 5 and up. 64 pages. Non-toxic: Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years. Meets all applicable safety standards. Explore the wild and woolly world of llamas and friends! Learn about llamas and alpacas, wild burros and bison, and so many other cool critters from the Americas. Looking for some fun with art? No probllama! Scratch and sketch your way through these pages to uncover sparkly gold, silver, and rainbow colors as you trace and draw. Go wild! Wire-o bound hardcover] 6-3/8" wide x 8-1/2" high (16.2 cm wide x 21.6 cm high)] 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages)] Shrink-wrapped with a wooden stylus. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up) to trace illustrations, revealing magnificent colors and sparkly foil beneath.

Glamour Girls come in all shapes and sizes and do all sorts of amazing things. Whether youre an artist, a figure skater, a rock star, or a ballroom dancer, youll be amazed when the colorful glitter and swirled patterns emerge as you Scratch and Sketch your designs! Ages 6 and up. Shrink-wrapped with a wooden stylus for drawing on black-coated paper to reveal magnificent colors beneath. 64 pages. Wire-o bound hardcover. 6 3/8" wide x 8 1/2" high. Includes: 20 scratch-off, 20 illustrated, and 20 sketch pages.

Scratch Art: Love Your Life

A Cool Art Activity Book for Budding Artists of All Ages

Scratch & Sketch Sharks

Out of My Mind

New York City Scratch and Sketch

Scratch & Sketch Puppies

Scratch (and sketch) the ears of the cutest bunch of puppies around! Meet an energetic Labrador puppy, a clever German shepherd, and a gentle golden retriever. Discover why the beagle puppys tail sticks up, and what bulldogs are famous for. Trace each puppy with the stylus to make it shine with rainbow colors and sparkly foil. This is a Trace-Along title! Young artists can simply follow the white lines with the wooden stylus to create colorful pictures. Includes 20 extra paper pages for your own doodles and drawings. Book comes with a wooden stylus for scratching away the black coating. Art activity book measures 6-3/8" wide x 8-1/2" high. Ages 5 and up.

A special-edition Scratch & Sketch for adults and older children (10 and up!). Use the precise plastic (not wooden) stylus included to scratch intricate white outlines of 20 world cities, revealing brilliant gold or silver foil beneath! Skylines and unique landmarks are featured on the black-coated right-hand pages. Color left-hand pages with your own markers. Wire-o bound hardcover 6-3/8 wide x 8-1/2 high (16.2 cm wide x 21.6 cm high) 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages) Shrink-wrapped with a plastic stylus. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up) to trace illustrations, revealing magnificent colors beneath. Non-toxic. Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years. Meets all applicable safety standards.

Take a journey through the planets and stars, starting from our own little corner of the universe and venturing far beyond. Learn about galaxies, constellations, black holes, exoplanets, and space travel itself. Out of this world! Wire-o bound hardcover 6-3/8 wide x 8-1/2 high (16.2 cm wide x 21.6 cm high) 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages) Shrink-wrapped with a wooden stylus. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up) to trace illustrations, revealing magnificent colors beneath. Non-toxic. Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years. Meets all applicable safety standards.

Travel around the globe and visit some of the most interesting places in the world. Learn about them, and then you can scratch and sketch yourself in your favorite place on earth. Contains 20 drawings plus rainbow and holographic foil scratch-off pages and a special wood stylus.

Over 50 Fun Puzzles, Games, and More!

Scratch & Sketch Glamour Girls: An Art Activity Book for Glamour Girls of All Ages

The Gentle Art of Swedish Death Cleaning

Travel Scratch and Sketch

Scratch Art Book

Gold Foil Coloring Book

Calling all extreme artists! Create detailed designs that glitter with color. Each two-page spread features an intricate mandala design to trace and color. The left-page image is for coloring with fine-tip markers or colored pencils; the right-page image on black is for Scratch and Sketching with the fine stylus included. Follow the lines to uncover brilliant foils and colorful swirls lying just beneath the surface as you sketch your way to inner peace. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up)to trace illustrations, revealing magnificent colors or sparkly foil beneath. Wire-o bound hardcover - 6-3/8" wide x 8-1/2" high (16.2 cm wide x 21.6 cm high) - 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages) - Shrink-wrapped with a wooden stylus.

Just scratch with the stylus . . . and watch the pictures burst into color! Super Scratch Art Pads are a fun and easy way to create colorful drawings. Each page features a line illustration on a black background. When you trace the picture with the included stylus, it reveals the bright, vivid color beneath. The result is beautiful! Nature in all its beauty blooms colorfully when you scratch these drawings with your stylus. You'll find trees, flowers, and more on the stunning pages.

How to rewire your brain to improve virtually every aspect of your life-based on the latest research in neuroscience and psychology on neuroplasticity and evidence-based practices Not long ago, it was thought that the brain you were born with was the brain you would die with, and that the brain cells you had at birth were the most you would ever possess. Your brain was thought to be “hardwired” to function in predetermined ways. It turns out that's not true. Your brain is not hardwired, it's "softwired" by experience. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve your social relationships. Written by a leader in the field of Brain-Based Therapy, it teaches you how to activate the parts of your brain that have been underactivated and calm down those areas that have been hyperactivated so that you feel positive about your life and remain calm during stressful times. You will also learn to improve your memory, boost your mood, have better relationships, and get a good night sleep. Reveals how cutting-edge developments in neuroscience, and evidence-based practices can be used to improve your everyday life Other titles by Dr. Arden include: Brain-Based Therapy-Adult, Brain-Based Therapy-Child, Improving Your Memory For Dummies and Heal Your Anxiety Workbook Dr. Arden is a leader in integrating the new developments in neuroscience with psychotherapy and Director of Training in Mental Health for Kaiser Permanente for the Northern California Region Explaining exciting new developments in neuroscience and their applications to daily living, Rewire Your Brain will guide you through the process of changing your brain so you can change your life and be free of self-imposed limitations.

This is a guide to recommended practices for crime scene investigation. The guide is presented in five major sections, with sub-sections as noted: (1) Arriving at the Scene: Initial Response/Prioritization of Efforts (receipt of information, safety procedures, emergency care, secure and control persons at the scene, boundaries, turn over control of the scene and brief investigator/s in charge, document actions and observations); (2) Preliminary Documentation and Evaluation of the Scene (scene assessment, "walk-through" and initial documentation); (3) Processing the Scene (team composition, contamination control, documentation and prioritize, collect, preserve, inventory, package, transport, and submit evidence); (4) Completing and Recording the Crime Scene Investigation (establish debriefing team, perform final survey, document the scene); and (5) Crime Scene Equipment (initial responding officers, investigator/evidence technician, evidence collection kits).

Think Your Way to a Better Life

Scratch & Sketch Extreme Cities (Trace Along)

Scratch & Sketch Dragons & Mythical Creatures (Trace Along)

How to Free Yourself and Your Family from a Lifetime of Clutter

Scratch & Sketch Coral Reefs (Trace Along)

Mandalas for Meditation

Wire-o bound hardcover 6-3/8 wide x 8-1/2 high (16.2 cm wide x 21.6 cm high) 64 pages (20 scratch-off, 20 illustrated, 20 sketch pages) Shrink-wrapped with a wooden stylus. White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up) to trace illustrations, revealing magnificent colors beneath. Non-toxic.

Potential eye irritant. Avoid inhaling particles of scratch coating. Not for children under 5 years. Meets all applicable safety standards.

Get ready to celebrate everything that's special to you! Express your love for life with enriching journal pages, covering everything from self-love to gratitude. Then, get creative with the decorative scratch-art pages, filling them with doodles inspired by love, life, and everything lovely in it! Everything you need is here, including a scratch pen and special scratch-art pages, plus tons of tips and tricks for creating some truly life-affirming works of art.

From adorable llamas to magical unicorns, scratch the neon sheets to create amazing masterpieces! Neon Scratch Art is the perfect hands-on activity book for creative kids! Featuring scratch sheets and a sturdy stylus, kids can simply scratch away intricate foil designs to reveal beautiful works of art. Then they can continue to create impressive works of art by scratching off the unique black matte sticker sheet to reveal colorful stickers! And when those are complete, they can use the two included neon colored pencils to add their own illustrations to the 48-page coloring-and-activity book. From mazes to word searches to adorable coloring pages, this bright activity set is easy to use with stunning results!

Calling all fans of the forest! Meet the animals who call the woods home as you scratch and sketch your way through these pages. Learn about bears and bunnies, owls and eagles, and other woodland creatures as you trace and draw with the included stylus to uncover sparkly gold, silver, and rainbow colors. Discover the magic of nature! Wire-o bound hardcover] 6-3/8" wide x 8-1/2" high (16.2 cm wide x 21.6 cm high)] 64 pages (20 scratch-off, 20

An Art Activity Book for Birthday Artists of All Ages

Llamas & Friends Scratch & Sketch

Super Scratch & Sketch

Scratch & Sketch Extreme Fantasy Art (Trace Along)

Forest Friends Scratch & Sketch

Brave, Strong, and Smart, That's Me! Activity Book

Young artists will love exploring the exciting world of Scratch and Sketch Extreme! with this challenging collection of 20 cool and complex drawings, from the wild to the wonderful! As you trace intricate artwork on the black-coated pages, a wolf, night sky, unicorn, and so much more emerge in sparkling foils of silver and green, or colorful swirls! White outlines on black scratch-off pages create a fun way for younger children (ages 5 and up)

Go wild with this new animal art activity book! Use the included super-fine stylus to trace the white lines on each black page, revealing animal art that sparkles and shines. Scratch and Sketch: Extreme! Animals is packed with a herd of 20 animals raring to swim, soar, run, and roar. Opposite each page of scratch-off art is a bonus coloring page, ready for you to get creative with markers, colored pencils, and more. This book contains 20 black-coated gold, silver, or multicolor glitter pages, with 20 intricate illustrations to trace. 20 extra pages are also included for sketching and drawing. A fine-tip stylus for use on the black-coated pages is shrink-wrapped with the book. Sturdy wire-o hardcover binding. Best for ages 8 and up.